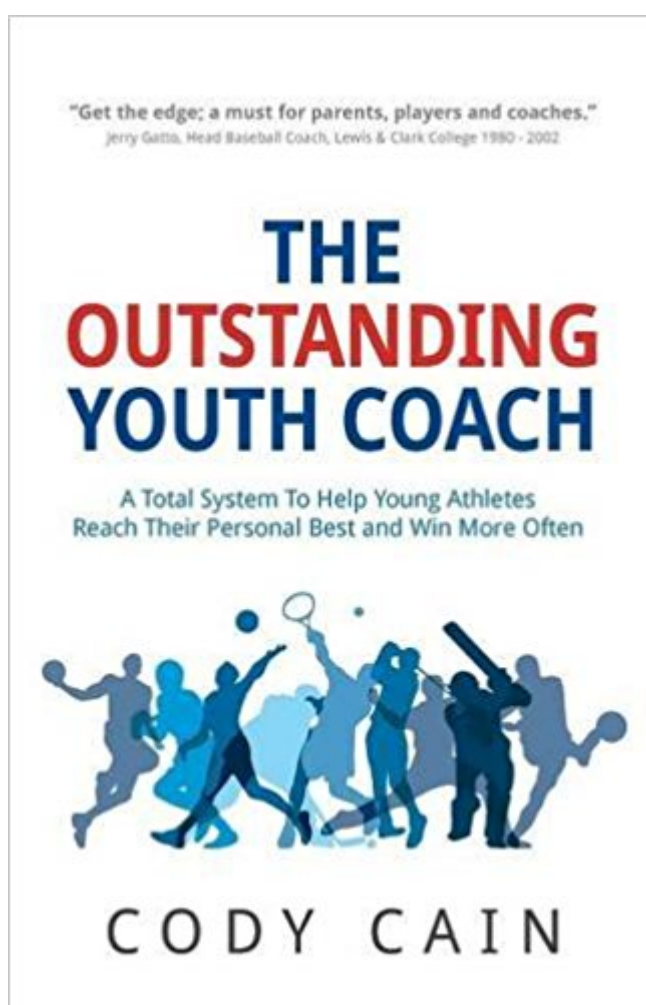


The book was found

# THE OUTSTANDING YOUTH COACH: A Total System To Help Young Athletes Reach Their Personal Best And Win More Often



## Synopsis

Want a proven method for improving the performance of your young athletes? This comprehensive guide to training high performing youth athletes, reveals Cody Cain's unique Body Mind Iq (Bmiq) system. Drawing on four decades of experience as a player, coach and game official Cody shows you what it takes to achieve success both on and off the field.

## Book Information

Paperback: 218 pages

Publisher: Rethink Press Limited (October 19, 2016)

Language: English

ISBN-10: 1781332088

ISBN-13: 978-1781332085

Product Dimensions: 5.5 x 0.5 x 8.5 inches

Shipping Weight: 12.2 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #2,876,896 in Books (See Top 100 in Books) #53 in [Books > Sports & Outdoors > Children's & Youth Sports](#) #408 in [Books > Sports & Outdoors > Coaching > Baseball](#)

## Customer Reviews

"Get the edge; a must for parents, players and coaches." Jerry Gatto, Head Baseball Coach, Lewis & Clark College 1980 - 2002

Cody Cain is a member of the British Baseball Hall of Fame, a former Great Britain National team player and coach, and a member of his College Hall of Fame; he played in the College World Series in 1990, and has spent the last 40 years of his life as a player, coach and game official. Learn more at [www.theoutstandingyouthcoach.com](http://www.theoutstandingyouthcoach.com)

A little guide written professionally and passionately for parents and coaches. Having children who are keen to succeed in the sport they love, who are having a dream, need support. This book is not about 'power struggle and authorial discipline' but about how to help these young athletes to follow their dream, to be resilient and to remain focussed, mentally and physically, by encouraging and stimulating their self motivation and self discipline together with a healthy lifestyle, so it becomes natural to them without enforcement. A book which is not about

cheering on the side line but by being actively involved with a total positive approach. A must have for parents , coaches and teachers; an eye opener.

[Download to continue reading...](#)

THE OUTSTANDING YOUTH COACH: A Total System To Help Young Athletes Reach Their Personal Best and Win More Often Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) How to Write Copy That Sells: The Step-By-Step System for More Sales, to More Customers, More Often Closing Arguments & The P.E.R.M. Technique: Win Big, More Often LOTTERY BOOK: 7 Numbers That WIN The Lottery Most Often Rising Above: How 11 Athletes Overcame Challenges in Their Youth to Become Stars Roulette Rockstar: Want To Win At Roulette? This Simple Roulette Strategy Helped An Unemployed Man Win Thousands! Forget Roulette Tips You've Heard Before. Learn How To Play Roulette and Win! Hard to Believeland: Cavs win the NBA Championship! Indians win the AL Championship! Browns win a game! Practicing Discernment with Youth: A Transformative Youth Ministry Approach (Youth Ministry Alternatives) 2017 Lottery Black Book: More Winners, More Often! Succulent Wild Love: Six Powerful Habits for Feeling More Love More Often Tennis: Top 5 Strategies How to win more matches, How to Play Tennis, Killer doubles, Tennis the Ultimate guide (Tennis Strategies How to win more matches Book 1) LeBron James (3rd Revised Edition) (Amazing Athletes) (Amazing Athletes (Paperback)) Alex Morgan (Amazing Athletes) (Amazing Athletes (Paperback)) Play Their Hearts Out: A Coach, His Star Recruit, and the Youth Basketball Machine Developing the Leaders Around You: How to Help Others Reach Their Full Potential The New Coach's Guide to Coaching Youth Soccer: A Complete Reference for Coaching Young Players Ages 4 through 8 The New Rules of Marketing and PR: How to Use News Releases, Blogs, Podcasting, Viral Marketing, and Online Media to Reach Buyers Directly (Your Coach in a Box) A House Between Homes: Youth in the Foster Care System (Youth with Special Needs) Young People's Voices in Physical Education and Youth Sport (Routledge Studies in Physical Education and Youth Sport)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)